## Lansing Area Catholic Middle School Track and Field

For all 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade students attending a Lansing area parochial school.

Practice starting on March 18, 2019, 3:30 pm @ Lansing Catholic HS Cost \$100 includes uniform/\$75 if you already own a uniform

For more information contact Coach Cristin Reid <a href="mailto:cristin.reid@accessbidco.com">cristin.reid@accessbidco.com</a> or (517)204-5991 or LCHS Track Coach Tim Simpson <a href="mailto:LCCXC@aol.com">LCCXC@aol.com</a> or Lansing Catholic Middle School Cross Country Facebook page <a href="https://www.facebook.com/groups/483185061694314/">https://www.facebook.com/groups/483185061694314/</a>

All participants **must** complete the following and return with payment to the coach at first practice:

Emergency contact informat	ion			
Student's Name:		Grade:		
IN EMERGENCY 1)	Phone #	2)	Phone #	
Email(s)				
Family Doctor:Allergies:				
Drug Reactions:				
Current Medications:				
Medical Conditions coach sh	ould know about			
a result of athletic participation, m personnel may be unable to contact	edical treatment on an emerge ct me for my consent for emerg	ncy basis may be necess ency medical care. I do l	recognize that a recognize that a sary, and further recognize that schoon hereby consent in advance to such sting circumstances and to assume	
GUARDIAN OR 18 YEAR-OLD		DATE	_ SIGNATURE OF PARENT OR	
Check and complete one:  Student needs a unifor Shorts size S  Student owns a unifor		Women's XS, S, M, L	, XL)	
Check and complete one:				
A current, completed c	copy of a physical card is o	n file at	School	
A current, completed of	opy of a physical card is a	ttached.		